



Zeno 5 Practices

Tips to help you create math habits



Explore

Follow your child's lead and let them take control of their learning.

Build your child's confidence that they can and already are doing math.



Play

Play with your child, encourage them and demonstrate your support for their learning.

There is no right way.
Relax and join in the fun.



Talk

You could ask:
"How did you figure that out?"
"How do you know?"
"Why did you do that?"
"What would happen if..?"



Build

Start where your child is and then build on their current understanding. Help your child move along by introducing some challenges. They'll let you know if that's too much too soon.



Connect

Show your child that math is all around them and in their daily lives.

Example: Comparing the size of stuffed animals. Seeing which ball bounces the highest. Finding shapes in drawings.