

Use the **tape measures, rulers** and new copies of the **Body Measurement sheet** to measure the same items the students measured with biscuits in Lesson 2, only this time students will use standard units of measurement (tape measures and rulers).

Demonstrate to the students how an object can be measured and then labeled with more than one unit of measure, for example: body height can be inches or feet or a combination of both. Remind students to mark the end of a measurement with a finger to hold their place when moving a ruler or tape measure.

MATERIALS:

- Tape measures
- Masking tape
- Rulers
- Body Measurement Sheets

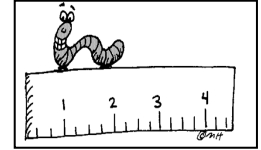
	Number	Unit
Body Height	36	inches
	3	OR feet
Arm length	18	inches
	1 foot, 6 inches	OR feet



Body Measurements

A measurement always has two parts:

1. a number
2. a unit



Example: body height = 10 biscuits

	Number	Unit of measure
	Body height	
	Arm length	
	Leg length	
	Standing long jump	
	"Paw" width	